

Easy Reading Comprehension Hygiene

Name: _____ Date: _____

Dirty Clothes Quiz


Directions: Answer the questions after reading the story.

1. What was the story about?
☐ new clothes ☐ dirty clothes ☐ v
2. What did Johnathan wear home?
☐ pants ☐ school clothes ☐ c
3. What was wrong with his shirt?
☐ holes ☐ smelly ☐ c
4. Where does he put his clothes?
☐ clothesline ☐ washing machine ☐ c
5. What is clean and fresh?
☐ bathroom ☐ clothes ☐ c
6. Do you like washing clothes?
☐ yes ☐ no

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Hygiene

Hand Sanitizer



Scott forgot to wash his hands before lunch.

Luckily, his mom packed hand sanitizer in her purse.

His mom squirts hand sanitizer in the palm of his hand.

Scott rubs his hands together and is ready to eat!

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Name: _____ Date: _____

Directions: Write the title and fill in the blanks to complete the story.
(Students can cut and paste or write depending on their ability.)

_____ has been _____
_____ezing. He has a cold.

_____rs his _____ when he

a _____ to blow his

_____n doesn't want to spread his
so he washes his hands and uses

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Directions: (4 correct and 4 incorrect options. Cut off and discard if not

nose	tissue	lotion
mouth	handkerchief	sanitizer

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stories, cloze activities, and quizzes

Reading suggestions: Talk about the picture / topic and make connections.

Read as a class. Have student underline/highlight certain key words as you read. Pause and have students say the next word.

Have students read with a buddy. And then on their own. Have them complete the cloze activity with or without access to the story depending on how hard you want to make it. Same with the quiz.

Table of Contents

	Story	Cloze	Quiz multiple choice	Quiz writing
Hand Washing	3	4	5	6
Showering	7	8	9	10
Brushing Teeth	11	12	13	14
Mouthwash	15	16	17	18
Fingernails and Toenails	19	20	21	22
Deodorant	23	24	25	26
Cold Symptoms	27	28	29	30
Haircut	31	32	33	34
Dirty Clothes	35	36	37	38
Hand Sanitizer	39	40	41	42

Hand Washing



Scott always washes his hands after using the bathroom.

He squirts soap on his hands and turns on the water.

He scrubs his hands with warm water for 30 seconds.

Then, he dries his hands. Now, he has clean hands!

Name: _____ Date: _____

Directions: Write the title and fill in the blanks to complete the story.
(Students can cut and paste or write depending on their ability.)

Scott _____ washes his hands
after using the bathroom.

He squirts soap on his _____
and turns on the water.

He scrubs his hands with _____
water for 30 seconds.

Then, he dries his hands. Now, he has
_____ hands!

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Word bank options: (4 correct and 4 incorrect options. Cut off and discard if not needed)

always	feet	cold	clean
never	hands	warm	dirty

Name: _____ Date: _____

Hand Washing Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

☐ hand washing ☐ water ☐ sweating

2. When does he wash his hands?

☐ after playing outside ☐ after using the bathroom ☐ at night

3. What does he squirt on his hands?

☐ water ☐ shampoo ☐ soap

4. How long does he scrub his hands?

☐ 2 minutes ☐ 30 seconds ☐ 1 second

5. How are his hands at the end?

☐ soft ☐ clean ☐ dirty

6. Do you like washing your hands?

☐ yes ☐ no

Name: _____ Date: _____

Hand Washing Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

2. When does he wash his hands?

3. What does he squirt on his hands?

4. How long does he scrub his hands?

5. How are his hands at the end?

6. Do you like washing your hands?

Showering



Anna starts her morning with a warm shower.

She uses soap to clean her face and body.

She washes her hair with shampoo and conditioner.

Anna is showered and ready to start her day!

Name: _____ Date: _____

Directions: Write the title and fill in the blanks to complete the story.
(Students can cut and paste or write depending on their ability.)

Anna starts her _____ with a warm shower.

She uses soap to clean her _____ and body.

She washes her hair with _____ and conditioner.

Anna is showered and ready to start her _____!

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Word bank options: (4 correct and 4 incorrect options. Cut off and discard if not needed)

night	face	shampoo	homework
morning	hair	shaving cream	day

Name: _____ Date: _____

Showering Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

☐ showering ☐ soap ☐ cleaning

2. How does Anna start her day?

☐ warm shower ☐ breakfast ☐ putting on shoes

3. What does she clean?

☐ bathroom ☐ face ☐ dog

4. What does she wash her hair with?

☐ toothpaste ☐ shampoo ☐ soap

5. What is Anna ready to start?

☐ sleeping ☐ school ☐ day

6. Do you like showers?

☐ yes ☐ no

Name: _____ Date: _____

Showering Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

2. How does Anna start her day?

3. What does she clean?

4. What does she wash her hair with?

5. What is Anna ready to start?

6. Do you like showers?

Brushing Teeth



Mindy brushes her teeth every morning and night.

She puts toothpaste on her toothbrush and brushes her teeth for 2 minutes.

Mindy brushes her teeth to help prevent cavities.

Plus, she has fresh breath now too!

Name: _____ Date: _____

Directions: Write the title and fill in the blanks to complete the story.
(Students can cut and paste or write depending on their ability.)

Mindy brushes her teeth every
_____ and night.

She puts _____ on her
toothbrush and brushes her teeth for
minutes.

Mindy brushes her teeth to help prevent cavities.

Plus, she has fresh _____ now too!

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Word bank options: (4 correct and 4 incorrect options. Cut off and discard if not needed)

meal	toothpaste	2	hands
morning	mouthwash	3	breath

Name: _____ Date: _____

Brushing Teeth Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

☐ sweeping ☐ brushing teeth ☐ combing hair

2. When does Mindy brush her teeth?

☐ lunch ☐ afternoon ☐ night

3. Where does she put toothpaste?

☐ toothbrush ☐ sink ☐ hairbrush

4. How many minutes does she brush?

☐ 4 ☐ 2 ☐ 6

5. What does brushing teeth prevent?

☐ germs ☐ sickness ☐ cavities

6. Do you like brushing your teeth?

☐ yes ☐ no

Name: _____ Date: _____

Brushing Teeth Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

2. When does Mindy brush her teeth?

3. Where does she put toothpaste?

4. How many minutes does she brush?

5. What does brushing teeth prevent?

6. Do you like brushing your teeth?

Mouthwash



Mouthwash helps keep your breath and teeth clean!

Jonah uses mouthwash at night before he goes to bed.

He swishes it around in his mouth and then spits it out.

Jonah knows he can't swallow his mouthwash!

Name: _____ Date: _____

Directions: Write the title and fill in the blanks to complete the story.
(Students can cut and paste or write depending on their ability.)

Mouthwash helps keep your breath and
_____ clean!

Jonah uses mouthwash at
_____ before he goes to bed.

He swishes it around in his mouth and
then _____ it out.

Jonah knows he can't _____
his mouthwash!

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Word bank options: (4 correct and 4 incorrect options. Cut off and discard if not needed)

face	night	spits	drink
teeth	morning	brushes	swallow

Name: _____ Date: _____

Mouthwash Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

☐ showering ☐ brushing teeth ☐ mouthwash

2. What does mouthwash keep clean?

☐ teeth ☐ eyes ☐ face

3. When does Jonah use mouthwash?

☐ morning ☐ afternoon ☐ night

4. Where does he swish the mouthwash?

☐ mouth ☐ nose ☐ ear

5. What can't he do with mouthwash?

☐ smell ☐ spit ☐ swallow

6. Do you like mouthwash?

☐ yes ☐ no

Name: _____ Date: _____

Mouthwash Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

2. What does mouthwash keep clean?

3. When does Jonah use mouthwash?

4. Where does he swish the mouthwash?

5. What can't he do with mouthwash?

6. Do you like mouthwash?

Fingernails and Toenails



Shane's mom helps trim his fingernails and toenails.

First, she cleans them with a soapy washcloth.

Next, his mom carefully trims each nail.

Shane's fingernails and toenails are now short and clean!

Name: _____ Date: _____

Directions: Write the title and fill in the blanks to complete the story.
(Students can cut and paste or write depending on their ability.)

Shane's mom helps trim his

_____ and toenails.

First, she cleans them with a soapy

_____.

Next, his _____ carefully trims
each nail.

Shane's fingernails and _____
are now short and clean!

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Word bank options: (4 correct and 4 incorrect options. Cut off and discard if not needed)

fingernails	brush	mom	toenails
hair	washcloth	dad	teeth

Name: _____ Date: _____

Fingernails and Toenails Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

☐ brushing hair ☐ nails ☐ washing hands

2. Who helps Shane trim his nails?

☐ brother ☐ grandpa ☐ mom

3. What does his mom do first?

☐ eat ☐ clean ☐ sleep

4. What does she trim?

☐ grass ☐ hair ☐ nail

5. What is short and clean now?

☐ fingernails ☐ shower ☐ Shane

6. Do you like clean nails?

☐ yes ☐ no

Name: _____ Date: _____

Fingernails and Toenails Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

2. Who helps Shane trim his nails?

3. What does his mom do first?

4. What does she trim?

5. What is short and clean now?

6. Do you like clean nails?

Deodorant



Carl has been running around all morning!

He smells a stinky odor coming from his underarm.

He washes his armpits and puts on deodorant.

Carl smells better when he remembers deodorant!

Name: _____ Date: _____

Directions: Write the title and fill in the blanks to complete the story.
(Students can cut and paste or write depending on their ability.)

Carl has been _____ around
all morning.

He smells a stinky odor coming from his
_____.

He washes his armpits and puts on
_____.

Carl smells _____ when he
remembers deodorant!

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Word bank options: (4 correct and 4 incorrect options. Cut off and discard if not needed)

running	underarm	shampoo	better
sleeping	mouth	deodorant	worse

Name: _____ Date: _____

Deodorant Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

☐ deodorant ☐ toothpaste ☐ soap

2. Who was running around?

☐ Nathan ☐ Carl ☐ Mindy

3. How does he smell?

☐ stinky ☐ good ☐ fresh

4. What does he put on?

☐ hair gel ☐ deodorant ☐ pants

5. How does Carl smell with deodorant?

☐ better ☐ worse ☐ stinky

6. Do you like deodorant?

☐ yes ☐ no

Name: _____ Date: _____

Deodorant Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

2. Who was running around?

3. How does he smell?

4. What does he put on?

5. How does Carl smell with deodorant?

6. Do you like deodorant?

Cold Symptoms



Stephen has been coughing and sneezing.
He has a cold.

He covers his mouth when he coughs.

He uses a tissue to blow his nose.

Stephen doesn't want to spread his germs
so he washes his hands and uses hand
sanitizer.

Name: _____ Date: _____

Directions: Write the title and fill in the blanks to complete the story.
(Students can cut and paste or write depending on their ability.)

Stephen has been _____
and sneezing. He has a cold.

He covers his _____ when he
coughs.

He uses a _____ to blow his
nose.

Stephen doesn't want to spread his
germs so he washes his hands and uses
hand _____.

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Word bank options: (4 correct and 4 incorrect options. Cut off and discard if not needed)

coughing	nose	tissue	lotion
drinking	mouth	handkerchief	sanitizer

Name: _____ Date: _____

Cold Symptoms Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

☐ cold ☐ deodorant ☐ brushing teeth

2. What does Stephen have?

☐ stomach ache ☐ fever ☐ cold

3. What does he cover when he coughs?

☐ arm ☐ face ☐ mouth

4. What doesn't he want to spread?

☐ germs ☐ tissues ☐ happiness

5. What does he use on his hands?

☐ soap ☐ hand sanitizer ☐ handkerchief

6. Do you like colds?

☐ yes ☐ no

Name: _____ Date: _____

Cold Symptoms Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

2. What does Stephen have?

3. What does he cover when he coughs?

4. What doesn't he want to spread?

5. What does he use on his hands?

6. Do you like colds?

Haircut



Holly just got her hair cut!

She went to the salon and they put a cape on her.

Then, the hairstylist cut and shampooed her hair.

Now, Holly's hair looks amazing and she feels good!

Name: _____ Date: _____

Directions: Write the title and fill in the blanks to complete the story.
(Students can cut and paste or write depending on their ability.)

Holly just got her _____!

She went to the _____ and
they put a cape on her.

Then, the hairstylist cut and
_____ her hair.

Now, Holly's _____ looks
amazing and she feels good!

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Word bank options: (4 correct and 4 incorrect options. Cut off and discard if not needed)

hair cut	spa	shampooed	dress
toenail	salon	dyed	hair

Name: _____ Date: _____

Haircut Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

☐ shampoo

☐ haircut

☐ hair coloring

2. What did Holly get?

☐ manicure

☐ hair cut

☐ massage

What did the hairstylist put on her?

☐ blanket

☐ cape

☐ shoes

4. Who cut her hair?

☐ grandpa

☐ hair stylist

☐ mom

5. What looks amazing?

☐ hair

☐ toenails

☐ skin

6. Do you like haircuts?

☐ yes

☐ no

Name: _____ Date: _____

Haircut Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

2. What did Holly get?

3. What did the hairstylist put on her?

4. Who cut her hair?

5. What looks amazing?

6. Do you like haircuts?

Dirty Clothes



Johnathan wore his gym clothes home today.

His shirt and shorts are dirty and smelly.

He puts his clothes in the washing machine to clean them.

Soon his clothes will be clean and fresh again!

Name: _____ Date: _____

Directions: Write the title and fill in the blanks to complete the story.
(Students can cut and paste or write depending on their ability.)

Johnathan wore his _____
home today.

His shirt and shorts are
_____ and smelly.

He put his _____ in the
washing machine to clean them.

Soon his clothes will be clean and
_____ again.

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Word bank options: (4 correct and 4 incorrect options. Cut off and discard if not needed)

gym clothes	clean	clothes	fresh
suit	dirty	shoes	happy

Name: _____ Date: _____

Dirty Clothes Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

☐ new clothes ☐ dirty clothes ☐ washing machine

2. What did Johnathan wear home?

☐ pants ☐ school clothes ☐ gym clothes

3. What was wrong with his shirt?

☐ holes ☐ smelly ☐ stain

4. Where does he put his clothes?

☐ clothesline ☐ washing machine ☐ hamper

5. What is clean and fresh?

☐ bathroom ☐ clothes ☐ kitchen

6. Do you like washing clothes?

☐ yes ☐ no

Name: _____ Date: _____

Dirty Clothes Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

2. What did Johnathan wear home?

3. What was wrong with his shirt?

4. Where does he put his clothes?

5. What is clean and fresh?

6. Do you like washing clothes?

Hand Sanitizer



Scott forgot to wash his hands before lunch.

Luckily, his mom packed hand sanitizer in her purse.

His mom squirts hand sanitizer in the palm of his hand.

Scott rubs his hands together and is ready to eat!

Name: _____ Date: _____

Directions: Write the title and fill in the blanks to complete the story.
(Students can cut and paste or write depending on their ability.)

Scott _____ to wash his hands before lunch.

Luckily, his mom packed

_____ sanitizer in her purse.

His _____ squirts hand sanitizer in the palm of his hand.

Scott rubs his hands together and is ready to _____!

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Word bank options: (4 correct and 4 incorrect options. Cut off and discard if not needed)

forgot	foot	mom	eat
remembered	hand	grandma	play

Name: _____ Date: _____

Hand Sanitizer Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

☐ hand sanitizer

☐ shampoo

☐ soap

2. What did Scott forget?

☐ shoes

☐ backpack

☐ wash his hands

3. What had his mom packed?

☐ toothpaste

☐ sanitizer

☐ water

4. Where was the hand sanitizer squirted?

☐ hand

☐ wrist

☐ leg

5. What is Scott ready to do?

☐ swim

☐ exercise

☐ eat

6. Do you like hand sanitizer?

☐ yes

☐ no

Name: _____ Date: _____

Hand Sanitizer Quiz

Directions: Answer the questions after reading the story.

1. What was the story about?

2. What did Scott forget?

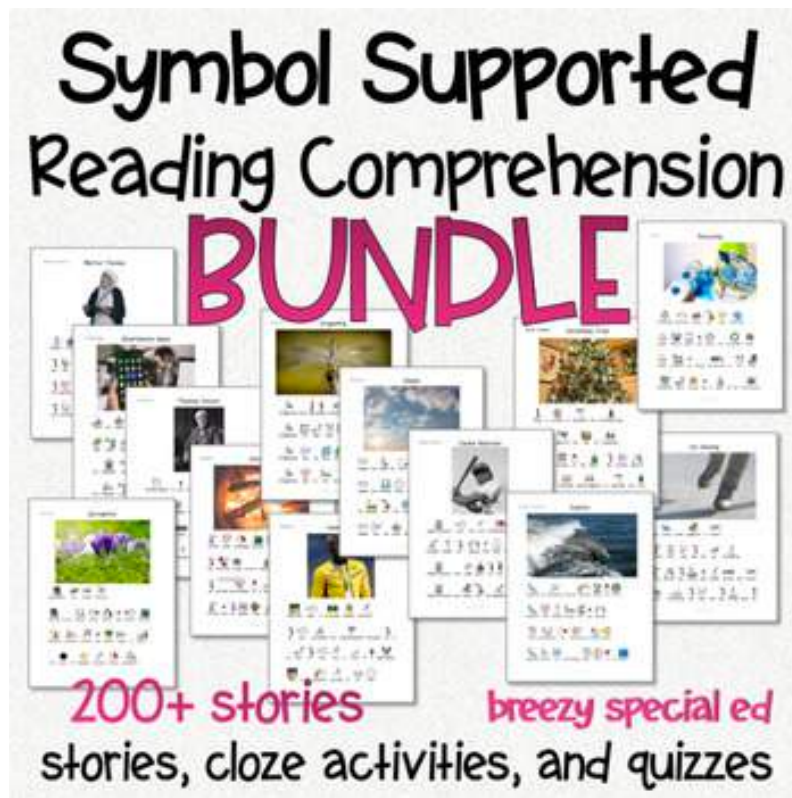
3. What had his mom packed?

4. Where was the hand sanitizer squirted?

5. What is Scott ready to do?

6. Do you like hand sanitizer?

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and the add-on bundle without the symbols!



Thanks for purchasing!

If you have any questions or would like to show me how you are using this in your classroom, tag me on instagram @BreezySpecialEd or send me an email!

I love to help you help your students.

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