



SPEECH AND LANGUAGE CHOICE BOARD

LIFE SKILLS & STRUCTURED LEARNING PROGRAM (K-2)

Please complete at least one activity each week while we are away from school.

Cross off the activities that you complete.

Let your Speech Pathologist know when you have completed these activities by emailing a note or a picture of the completed Choice Board. You may also drop off your completed Choice Board at school.

<p>Practice using “more” to make a request during play or snack Have your child imitate the sign for “more” or say “more” independently. You say the word then have the child repeat. You can also pair the sign for more as you say the word and have your child imitate it.</p> <div style="text-align: center;">  </div>	<p>Practice sorting items by groups. Grab a few things from the kitchen, clothes, toys, etc. Put them in a basket and work with your child to group into two or three categories.</p>	<p>Model language during a meal, snack, or playtime. If your child is not using single words, model one word. If your child will say one word, then model two words together. I.E. Cookie Yummy cookie Want yummy cookie</p>
<p>Find five things around the house that contain your child’s speech sounds. Practice saying the word five times. You can say the word first and have your child repeat it.</p>	<p>Play a game or do an activity in which your child has to request help. Model the word and pair it with the sign. Have your child try to imitate you.</p> <div style="text-align: center;">  </div>	<p>Sing familiar songs with your child such as “The wheels on the bus” or “Itsy Bitsy Spider”. As you sing the song, have your child try to say some of the words. You can pair gestures with the song and have your child imitate those.</p>
<p>Do some sensory play. You can use putty, playdoh, or hide small objects in a container of rice or beans and have your child try to find the object. Use this time to name the items you are playing with and put words together.</p>	<p>Read a story together. Look at the pictures and use simple language to talk about what you see. Try to have your child say some words or point to items you ask for. I.E. Point to the flower Show me the elephant</p>	<p>Practice one-step directions with different spatial concepts during daily routines. I.E. Put the book on the shelf Put your shoes next to the door. It’s okay to show your child how to complete the direction. Then have him/her try it.</p>

E-mail your Speech Therapist with any questions.