

November Lunch Menu Cowherd













MONDAY	TUESDAY	WEDNESDAY	THURSDAY	<u>FRIDAY</u>	
		1	Marinara Beef Meatball Sandwich Seasonal Farm Veggies Fruit of the day Milk Choice	3 Cheese Filled Breadsticks Seasonal Farm Veggies Fruit of the Day Milk Of Choice	Daily Middle School Lunch Choices: Pizza of the Day
6 Mac And Cheese Seasonal Farm Veggies Fruit of the Day Milk Choice	7 Beef Taco Tuesday Seasonal Farm Veggies Fruit of the Day Milk Choice	8 Spicy Chicken Tenders Seasonal Farm Veggies Fruit of the Day Milk Choice	9 Fajita Quesadilla Seasonal Veggies Fruit of the Day Milk Choice	NO SCHOOL Veterans Day	Spicy Chicken Sandwich Cheeseburger Sun butter and Jelly Sandwich
13 Pulled BBQ Chicken Sandwich Seasonal Farm Veggies Fruit of the Day Milk Choice	14 Sloppy Joe Sandwich Seasonal Farm Veggies Fruit Of the Day Milk Choice	15 Bosco Sticks Seasonal Farm Veggies Fruit Of the Day Milk Choice	16 Chicken Nachos Seasonal Farm Veggies Fruit Of the Day Milk Choice	17 Chicken Corn Dog Seasonal Farm Veggies Fruit Of the Day Milk Choice	Milk Choices: 1% White Or Fat Free Chocolate
20 Chicken Nuggets Seasonal Farm Veggies Fruit of the Day Milk Choice	21 Eileen's Thanksgiving Lunch Seasonal Farm Veggies Fruit Of the Day Milk Choice	22 NO SCHOOL Thanksgiving Break	23 NO SCHOOL Thanksgiving Break	24 NO SCHOOL Thanksgiving Break	
27 Baked Chicken Pasta Seasonal Farm Veggies Fruit of the Day Milk Choice	28 Beef Taco Tuesday Seasonal Farm Veggies Fruit Of the Day Milk Choice	29 BBQ Boneless Chicken Wings Seasonal Farm Veggies Fruit Of the Day Milk Choice	30 Chef's Salad Seasonal Farm Veggies Fruit Of the Day Milk Choice		

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