



November 2023 Breakfast Cowherd MS and Elementary Schools



EAST AURORA
SCHOOL DISTRICT 131

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1 Mini Pancakes Fruit of the Day Milk Choice	2 Mini Strawberry Cream Cheese Bagels Fruit of the day Milk Choice	3 Whole Grain French Toast Fruit of the day Milk Choice
6 Cherry Strudel Pastry Fruit of the Day Milk of Choice	7 Cinnamon Toast Crunch Warm Bar Fruit of the Day Milk Choice	8 Sausage Breakfast Pizza Fruit of the Day Milk Choice	9 Whole Grain Pop Tart Fruit of the Day Milk Choice	10 NO SCHOOL Veterans Day
13 Cinnamon Raisin Bagel Fruit f the Day Milk Choice	14 Chocolate Crescent Fruit of the Day Milk Choice	15 Eggs and Sausage Fruit of the Day Milk Choice	16 Chocolate and Oatmeal Bar Fruit of the Day Milk Choice	17 Mini Maple Waffles Fruit of the Day Milk Choice
20 Mini Strawberry Cream Cheese Bagels Fruit of the Day Milk Choice	21 Cinnamon Toast Crunch Warm Bar Fruit of the Day Milk Choice	22 NO SCHOOL Thanksgiving Break	23 NO SCHOOL Thanksgiving Break	24 NO SCHOOL Thanksgiving Break
27 Muffin with String Cheese Fruit of the Day Milk Choice	28 Apple Frudel Fruit of the Day Milk of Choice	29 Mini Pancakes Fruit of the Day Milk Choice	30 Whole Grain French Toast Fruit of the Day Milk of Choice	

**Daily
Elementary
Breakfast
Choice:**

**Bowl of Cereal
Or
Cereal Bar**

**Milk Choices:
1% White
Or
Fat Free
Chocolate**

****Menu
Subject to
Change****

Artificial
Ingredients,
Additives,
Preservatives

High Fructose
Corn Syrup

Fried Foods
Mystery
Meats

ALWAYS fresh
NEVER frozen

4-Star School
Lunch
Provider

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

