



December 2023 Breakfast Cowherd MS and Elementary Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				Cini Mini Fruit of the Day Milk of Choice ¹
Whole Grain Pop Tart Fruit of the Day Milk Choice ⁴	Cinnamon Toast Crunch Warm Bar Fruit of the Day Milk Choice ⁵	Sausage Breakfast Pizza Fruit of the Day Milk Choice ⁶	Apple Frudel Fruit of the Day Milk of Choice ⁷	Mini Maple Waffles Fruit of the Day Milk Choice ⁸
Muffin with String Cheese Fruit f the Day Milk Choice ¹¹	Chocolate and Oatmeal Bar Fruit of the Day Milk Choice ¹²	Mini Pancakes Fruit of the Day Milk Choice ¹³	Whole Grain Glazed Buns Fruit of the Day Milk Choice ¹⁴	Whole Grain French Toast Fruit of the Day Milk Choice ¹⁵
Mini Strawberry Cream Cheese Bagels Fruit of the Day Milk Choice ¹⁸	Cinnamon Toast Crunch Warm Bar Fruit of the Day Milk Choice ¹⁹	Sausage Breakfast Pizza Fruit of the Day Milk Choice ²⁰	Curtis's Special Breakfast. Fruit of the Day Milk Choice ²¹	Winter Break ²²
Winter Break ²⁵	Winter Break ²⁶	Winter Break ²⁷	Winter Break ²⁸	Winter Break ²⁹

**Daily
Elementary
Breakfast
Choice:**

**Bowl of Cereal
Or
Cereal Bar**

**Milk Choices:
1% White
Or
Fat Free
Chocolate**

****Menu
Subject to
Change****



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

