



# February 2024 Lunch Menu

## Cowherd



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mac and Cheese Seasonal Farm Veggies Fruit of the Day Choice of Milk	2 Chicken Corn Dog Seasonal Farm Veggies Fruit of the Day Choice of Milk
5 Bean and Cheese Burrito Seasonal Farm Veggies Fruit of the Day Milk Choice	6 Hot Dog Seasonal Farm Veggies Fruit of the Day Milk Choice	7 Spicy Chicken Tenders Seasonal Farm Veggies Fruit of the Day Milk Choice	8 Fajita Quesadilla Seasonal Veggies Fruit of the Day Milk Choice	9 Waffles and Sausage Seasonal Veggies Fruit of the Day Milk Choice
12 Chicken Lo Mein Seasonal Farm Veggies Fruit of the Day Milk Choice	13 Baked Chicken Pasta Seasonal Farm Veggies Fruit of the Day Milk Choice	14 Bosco Sticks Seasonal Farm Veggies Fruit of the Day Milk Choice	15 Chicken Nachos Seasonal Farm Veggies Fruit of the Day Milk Choice	16 Toasted Ham and Cheese Sandwich Seasonal Farm Veggies Fruit of the Day Milk Choice
19 <b>No School</b>	20 Sloppy Joe Sandwich Seasonal Farm Veggies Fruit of the Day Milk Choice	21 Spicy Chicken Tenders Seasonal Farm Veggies Fruit of the Day Milk Choice	22 Cheese Quesadilla Seasonal Farm Veggies Fruit of the Day Milk Choice	23 Cheese Filled Breadsticks Seasonal Farm Veggies Fruit of the Day Choice of Milk
26 Mini Cheese Calzones Seasonal Farm Veggies Fruit of the Day Milk Choice	27 Beef Taco Tuesday Seasonal Farm Veggies Fruit of the Day Milk Choice	28 BBQ Boneless Chicken Wings Seasonal Farm Veggies Fruit of the Day Milk Choice	29 Chef's Salad Seasonal Farm Veggies Fruit of the Day Choice of Milk	

- Daily Middle School Lunch Choices:
- Pizza of the Day
  - Spicy Chicken Sandwich
  - Cheeseburger
  - Sun Butter and Jelly Sandwich

Milk Choices:  
1% White  
Or  
Fat Free  
Chocolate

Menu Subject to Change

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

